

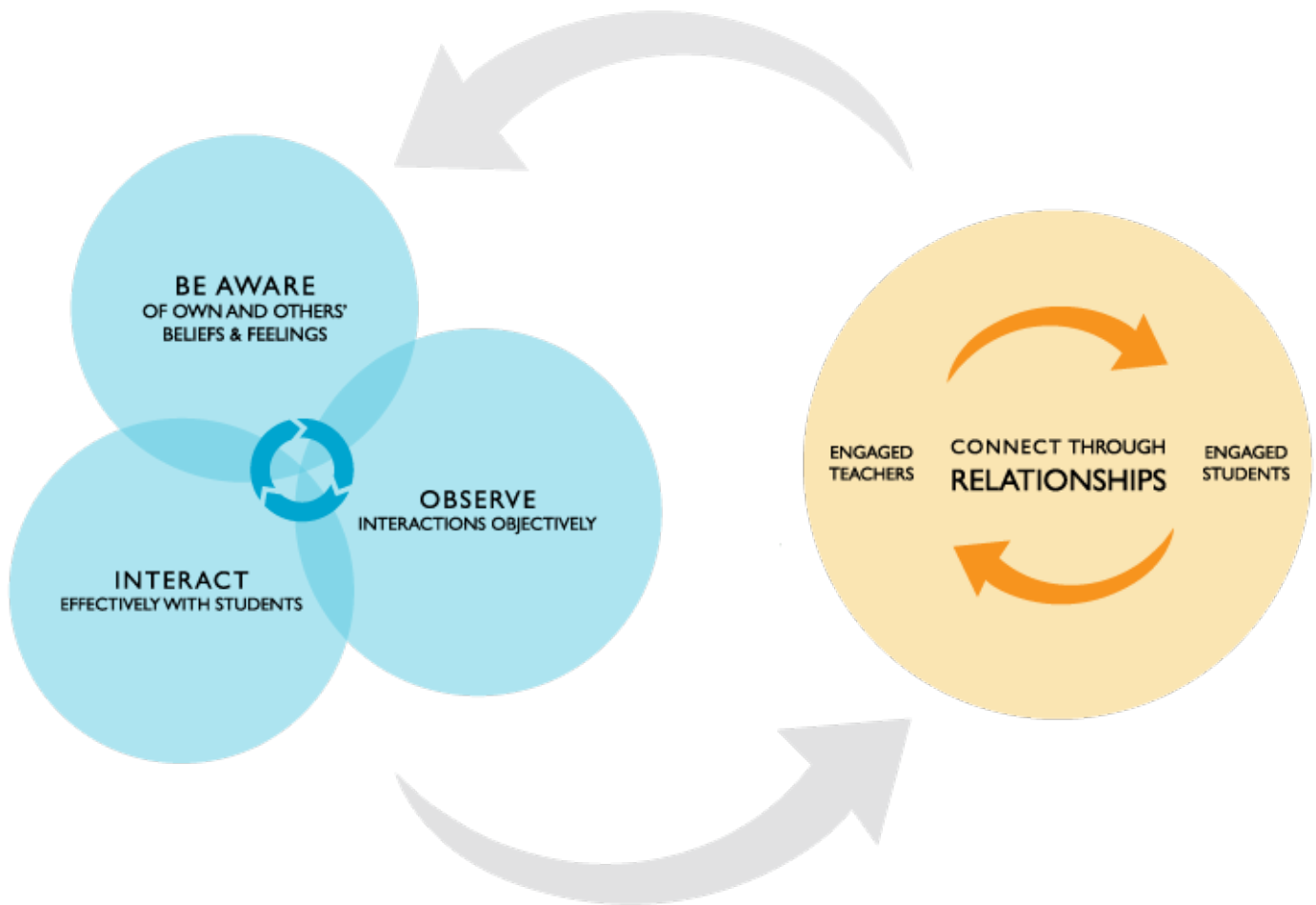


Creating Opportunities through Relationships:  
An online teacher professional development program.  
Available at: <http://www.corclassrooms.org/>

CREATING OPPORTUNITIES THROUGH RELATIONSHIPS

## MODULE 1: THE POWER OF RELATIONSHIPS

### The COR Model



Relationships result from repeated **interactions** over time. When positive and supportive, these moment-to-moment interactions build strong connections. Interactions filled with tension and conflict typically build negative relationships over time.

The ability to accurately **observe** classrooms impacts relationships. When you're able to step back and see what's really happening in your classroom, you'll have a stronger understanding of your students' needs and their behaviors.

**Awareness** of your own – and others' – beliefs, perceptions, and feelings impacts a relationship. Our thoughts, feelings, and perceptions, molded by past experiences, influence how we act and react, how we observe and interpret behaviors, and how we act in future situations.



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# MODULE 2: BUILDING RELATIONSHIPS THROUGH AWARENESS



PRACTICAL STRATEGIES	Be mindful in the moment	Observe objectively	Take your student's perspective	Recognize ruts
PRACTICES	Check-breathe-recheck <ul style="list-style-type: none"><li>• Check in with your body</li><li>• Take 3 deep breaths</li><li>• Recheck the situation</li></ul> Follow the breath	Consider what you may be looking for  Make specific and behavioral observations  Incorporate observation into your routine	Stop and put yourself in your student's shoes  Check the accuracy of your assumptions	Assess the current state of your relationship  Gather information about your relationship



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## MODULE 3: INTERACTIONS THAT PROMOTE SAFETY AND HAPPINESS



FEELING SAFE &  
HAPPY

<b>PRACTICAL STRATEGIES</b>	<b>Get to know your students</b>	<b>Have fun with your students</b>	<b>Be sensitive to your students</b>
<b>PRACTICES</b>	Engage in social conversations  Really listen to them	Find moments to play  Bring your enthusiasm	Notice their cues  Respond to them



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## MODULE 4: INTERACTIONS THAT PROMOTE FEELING CAPABLE AND VALUED

<b>PRACTICAL STRATEGIES</b>	<b>Focus on what matters to students</b>	<b>Give opportunities for leadership and agency</b>
<b>PRACTICES</b>	Draw connections to their lives Be flexible in following their ideas Understand their points of view	Provide them with real responsibilities and a chance to lead Let them move



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# MODULE 5: INTERACTIONS THAT PROMOTE ENGAGEMENT IN LEARNING



<b>PRACTICAL STRATEGIES</b>	<b>Create classroom routines</b>	<b>Inspire learning</b>	<b>Build a reinforcing environment</b>
<b>PRACTICES</b>	Clearly communicate and reinforce expectations  Be proactive  Attend to the positive  Have things for students to do	Present cognitive challenge  Create hands-on, minds-on involvement	Provide timely and meaningful feedback  Encourage group dialogue